Mill Lane School Sports Premium Policy and Projected Allocation 2021-2022

Evidencing the Impact of the Primary PE and Sport Premium

We are proud of the PE and sport provision at our school and the wealth of opportunities we offer our pupils. We understand the importance of the contribution of PE and sport to the health and wellbeing of our pupils and aim to provide every child with the necessary skills and confidence to participate in sporting activities and in leading a healthy lifestyle.

We aim to inspire children to be happy and active through engagement and participation in sport, physical activity and a healthy lifestyle within an inclusive and opportunity rich environment. We encourage our children to,

'try, practise and succeed'.

Photographic evidence of pupil engagement can be viewed in the Curriculum PE section upon our school web site.

Mill Lane School will receive £16,000 in Sports Premium Money for 2021 – 2022, plus a premium of £10 per pupil (years 1-6) The total amount of Sport Premium Grant to be received by Mill Lane Primary School for the year is £17,730

Department for Education and Ofsted Vision for the Primary PE and Sport Premium.

"All pupils leaving primary school will be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport."

The funding has been provided to ensure impact against the following objective:
"To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision *(above)* that will live on well beyond the Primary PE and Sport Premium funding."

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

In addition to this the school must also meet National Curriculum requirements for swimming and water safety.

All current research indicates that pupils with good health and wellbeing achieve more academically, (Public Health England, 2014). Effective social and emotional competencies are associated with greater health and wellbeing, and greater academic achievement. The culture, ethos and environment of a school influences the health and wellbeing of pupils and their readiness to learn. Ofsted state that, "A positive association exists between academic attainment and physical activity levels of pupils."

As a community school many of our children walk to school ensuring that oxygen is beginning to flow around our children's bodies and brains before they arrive, awakening their cognitive functioning, increasing their heart rate (which is essential for improved learning), strengthening their muscles, bones and core stability. From September 2018 a healthy breakfast will be available for all our children. Breakfast is vital fuel to ensure our children perform well academically, socially and emotionally. Children who eat breakfast are alert, able to focus, listen, process and retain information.

Sports Premium Funding

Each year we create a strategic plan for the sports premium funding that includes clear and measurable targets for whole school and individual child improvement. This year we have focused on early intervention strategies including occupational therapy equipment and activities, active classroom CPD, outdoor education adventure residential and outdoor learning experiences.

Youth Sport Trust

The Youth Sport Trust recommends that pupils aim to engage in 60 minutes of moderate-to-vigorous physical activity per day, parallel to PE curriculum and school sports activities. Across EYFS and Key Stage 1 Mill Lane pupils engage in activities such as Write Dance, Shake Shimmy & Shine, OT Activities, Dough Disco, Go Noodle, BBC Super Movers, Play Stage and active classroom activities including lateral movement-based phonological awareness and semantic interventions. Key Stage 2 children are part of our 'Sports Leaders/Playground Friend' initiative, designed to ensure all children in the playground are included and supported to practice skills introduced in PE sessions. Kwik Cricket, football, netball, basketball, dodgeball, hoola hoops, balance buckets and skipping ropes are available each break and lunch time for the children to access and hone their skills with the support of KS2 sports leaders. Children are encouraged to compare their performances with previous ones and demonstrate improvement to achieve their personal best and individual targets. Our 'School Sports Leaders' are engaged in the planning and development of School Sports and School Games, they are involved in the choosing of extra curricula sports activities and tournaments we choose to attend.

Specialist PE Coach

Currently we engage a specialist coach to deliver high quality PE that encompasses and focusses on fundamental movement skills in EYFS, KS1 and KS2; relates to the curriculum across school and focusses on the mastery of physical skills and the values of honesty, teamwork, determination, self-belief, respect and passion. Teaching staff observe the specialist coach's delivery as part of CPD and monitor children's progress, identifying next steps and individual targets.

Extra Curricula Sport Activities

We offer all our year groups access to extra-curricular activities including football, dodgeball, multi-skills, netball, athletics, gymnastics, basketball and dance. We monitor these activities and change them according to curriculum, pupil interest, current inter-school tournaments and global sporting events such as the Football World Cup, International Cricket Tournaments and the Olympic Games. We particularly identify and encourage disengaged children with fundamental movement skills difficulties, those suffering stress, trauma and displaying low self-esteem to access these clubs and we remove any 'barriers' to accessing clubs by providing transport home and PE kits.

Stockton School Sport Partnership

We buy into the Stockton Schools Sport Partnership, who believe all young people should be encouraged to lead a healthy, active lifestyle and that it is important for all children to develop a lifelong enthusiasm for sport and physical activity. The aim is to create opportunities for children to develop their physical, social and emotional skills through experiencing high quality PE, competition and

sports leadership. Through the partnership we have accessed both competitive and non-goal orientated sport experiences, inter and intra school tournaments including;

- Y3/Y4 Tag Rugby Skills Day
- KS1 Multi Skills Festival Day
- Y3/Y4 & Y5/5 Sports Hall Athletics
- EYFS Multi Skills Festival Day
- Y3/4 Skipping Festival
- Y3/4 Hoopstarz Festival Day
- Y3/4 Netball Skills
- Active Schools Festival
- Y5/6 Netball
- Dance Festival
- Y3/4 Racket Skills
- Y3/4 Quad Kids
- Y5/Y6 Kwik Crickets
- Y5/Y6 Athletics Outdoor and SEND Athletics
- Stickman Adventure Trail
- Netball League

Swimming

In alignment with research we send our Year 4 children for three two-week blocks of lessons. The children are taught to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations. This is at a cost of £2,340 plus £100 for the administration and reporting of school swimming activities to meet Ofsted requirements. We have identified swimming as a target area for improvement and have poverty proofed swimming – a life skill – using top-up sessions for our ARP, Year 5 and Year 6 classes, (2 week sessions for each class). This is also at a cost of £2,340.

School Games Days and School Sports Days

Mill Lane achieved Gold Standard again in 2020– 2021. We hold two Sports Days in July. A Foundation Stage and KS1/KS2 Sports Day. The children compete in traditional sack, egg and spoon, relay, obstacle, howler, three-legged, water jug challenge intra sport tournaments in year group gem teams. Parents attend to encourage and support their children and the events culminate in parent, sibling and teacher races – much to the amusement of the children. Sports stickers are given to every child, medals are awarded to each year group for excellent sporting attitude and trophies are given to captains of sports teams.

Academic Year: 2021/22	**Total fund allocated: £17,730**	**Date Updated: July 2022**	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school			Percentage of total allocation: 26.7%
School focus with clarity on intended **impact on pupils**:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Giving inactivate children opportunities to be more active	Establish and Sustain After School Clubs that target less engaged, inactive, low self-esteem children. To target non-active and least active pupils, encouraging them to take part in break, lunch and after school sport activities to increase activity levels Employ Specialist After School Sports Club Coaches to coach on Mondays, Tuesdays and Wednesdays Employ specialist coaches to run lunch time clubs Mill Lane pay an extra £2440 to 'top up' access to swimming for Year 6, Year 5 and pupils in the ARP to	£2,200 After school clubs £30 per night Lunch time club £20 per day	Those children who did not want to opt for an After school club due to other commitments after school (Mosque, other clubs) were given the opportunity to join a lunchtime club. Those pupils who were identified as 'least active' in KS1 and KS2 were encouraged to join their lunchtime club for their Key Stage. Due to this class not accessing school Swimming sessions since Pre COVID-19 (Autumn term in Year 4), only 9/23 pupils gained their 25m in Autumn 1 of	Mill Lane will continue with After school clubs in September. Children who have attended a lunchtime club have said they would like to join an After school club (pupil questionnaire). Those pupils who are identified as 'least active' will be offered the lunch time club again. It has proven successful this year as more children have been engaged in extra curriculum PE and more pupils have attended festivals who would not normally participate. Encouraging parents and carers to take their children swimming, prior to their year group attending Splash, to build confidence in water.

All children to meet the swimming requirements of the National curriculum	ensure meeting national curriculum requirements.	£2,440	this year. We are going to send those pupils who achieved 5m/close to swimming in Summer 2 on a catch up programme to see if we can increase this percentage. 2020-2021=45% / 42% / 73% 2021-2022= 30% (Mainstream cohort out of 24 pupils) (Hopefully this will increase by the end of 2022 when we send pupils for catch up Swimming) After Boaster sessions: 39% (Y6 mainstream plus 6 ARP pupils) 13/33 pupils (additional 6 pupils achieved 25m)	Encouraging parents and carers to enjoy swimming with their children and highlight the importance of swimming as a life skill that saves lives.

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation: 0.3%
School focus with clarity on intended **impact on pupils**:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To encourage a sense of pride, participation and to reward pupils' achievements	Certificates, Medals & trophies for sporting events-festivals with Stockton Partnership. Medals and stickers for pupils who show a good sporting attitude during Sports day.	£50	An observable sense of individual and group pride in achievement, feeling of belonging to the Mill Lane School Family, improved self-esteem and mental well-being. Pupils who were nominated for 'Good sporting attitude' medals were proud.	Photos of the children were shared on social media so their parents can see the enjoyment the children had during their sports day. Those children nominated will hopefully deliver the Mill lane message that having a 'good sporting attitude' is something they would like to try and achieve next year.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation: 45%
School focus with clarity on intended **impact on pupils**:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increased confidence of all staff teaching PE. High quality PE sessions being taught throughout school.	Employment of specialist sport and PE coach-Jamie Poole/Chris Davidson to work with staff to increase subject knowledge and raise while school achievement and improvement To introduce new activities and sports to the PE curriculum to enrich pupils' learning. To target non-active and least active pupils, support and encourage achieving individual sport targets, encourage joining after school sport clubs and increase their activity levels at break and lunch times.	£8000 £30 per hour	Increased teaching staff knowledge and confidence to teach PE and sport. Increased teaching staff knowledge and confidence to umpire and officiate sporting activities and competitions. Increased teaching staff knowledge and confidence to accompany pupils to intra school competitions and tournaments. Increased activities at break and lunch times, after school sport clubs, inclusive opportunity rich PE and sport curriculum, greater enthusiasm for sport and healthy lifestyle choices, a sense of whole school belonging and comradery.	Staff are more confident with secure knowledge to deliver high quality PE lessons. Class teachers now attend festivals where their classes are involved in. Staff and pupils all know that Mill Lane are a healthy school and all strive to be more active at both playtimes and lunchtimes, after school and at home.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation: 11%
School focus with clarity on intended **impact on pupils:**		Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Introduce children to new sports-Yoga to help with mental health and well-being		£2,000	Children gained valuable experiences from the Yoga sessions, especially after such a challenging 18 months. The block of Yoga sessions provided the pupils will great mental well well-being and provided teachers with a wealth of CPD to continue the sessions themselves.	We have purchased our own Yoga mats. Staff will incorporate Yoga sessions into their gymnastics block of teaching.
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 17%
School focus with clarity on intended **impact on pupils**:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increase the number of children accessing available sporting opportunities	School Sports Partnership (Gold level) Transport to inter school matches/ competitions/festivals	£2,659 £381	The school Partnership have supported our school with advice on COVID restricted, virtual events, CDP opportunities, festivals, website updates, sports allocation support. Their support has been vital to the running of our Physical Education and achieving our School sports Mark. This year, we were able to send more pupils who would not normally participate in festivals. Hopefully these pupils will be inspired to volunteer in the next academic year.	We will continue to use the Partnership in the next academic year as their support is vital to our school. With the support of the Partnership, Mill Lane has achieved 5 consecutive gold Sports mark. As a result, we were invited to apply for Platinum level award and were successful.