



## Mill Lane School Sports Premium Policy and Projected Allocation 2018-2019



### Evidencing the Impact of the Primary PE and Sport Premium

We are proud of the PE and sport provision at our school and the wealth of opportunities we offer our pupils. We understand the importance of the contribution of PE and sport to the health and wellbeing of our pupils and aim to provide every child with the necessary skills and confidence to participate in sporting activities and in leading a healthy lifestyle.

We aim to inspire children to be happy and active through engagement and participation in sport, physical activity and a healthy lifestyle within an inclusive and opportunity rich environment. We encourage our children to,

'try, practise and succeed'.

Photographic evidence of pupil engagement can be viewed in the Curriculum PE section upon our school web site.

Mill Lane School will receive £16,000 in Sports Premium Money for 2018 - 2019, plus a premium of £10 per pupil. The total amount of Sport Premium Grant to be received by Mill Lane Primary School for the year is £18,510.

Department for Education and Ofsted Vision for the Primary PE and Sport Premium.

"All pupils leaving primary school will be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport."

The funding has been provided to ensure impact against the following objective:

"To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision (*above*) that will live on well beyond the Primary PE and Sport Premium funding."

**It is expected that schools will see an improvement against the following 5 key indicators:**

1. The engagement of all pupils in regular physical activity - kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

In addition to this the school must also meet National Curriculum requirements for swimming and water safety.

All current research indicates that pupils with good health and wellbeing achieve more academically, (Public Health England, 2014). Effective social and emotional competencies are associated with greater health and wellbeing, and greater academic achievement. The culture, ethos and environment of a school influences the health and wellbeing of pupils and their readiness to learn. Ofsted state that, "A positive association exists between academic attainment and physical activity levels of pupils."

As a community school many of our children walk to school ensuring that oxygen is beginning to flow around our children's bodies and brains before they arrive, awakening their cognitive functioning, increasing their heart rate (which is essential for improved learning), strengthening their muscles, bones and core stability. From September 2018 a healthy breakfast will be available for all our children. Breakfast is vital fuel to ensure our children perform well academically, socially and emotionally. Children who eat breakfast are alert, able to focus, listen, process and retain information.

### **Sports Premium Funding**

Each year we create a strategic plan for the sports premium funding that includes clear and measurable targets for whole school and individual child improvement. This year we have focused on early intervention strategies including occupational therapy equipment and activities, active classroom CPD, outdoor education adventure residential and outdoor learning experiences.

### **Youth Sport Trust**

The Youth Sport Trust recommends that pupils aim to engage in 60 minutes of moderate-to-vigorous physical activity per day, parallel to PE curriculum and school sports activities. Across EYFS and Key Stage 1 Mill Lane pupils engage in activities such as Write Dance, Shake Shimmy & Shine, OT Activities, Dough Disco, Go Noodle, BBC Super Movers, Play Stage and active classroom activities including lateral movement-based phonological awareness and semantic interventions. Key Stage 2 children are part of our 'Sports Leaders/Playground Friend' initiative, designed to ensure all children in the playground are included and supported to practice skills introduced in PE sessions. Kwik Cricket, football, netball, basketball, dodgeball, hoola hoops, balance buckets and skipping ropes are available each break and lunch time for the children to access and hone their skills with the support of KS2 sports leaders. Children are encouraged to compare their performances with previous ones and demonstrate improvement to achieve their personal best and individual targets. Our 'School Sports Leaders' are engaged in the planning and development of School Sports and School Games, they are involved in the choosing of extra curricula sports activities and tournaments we choose to attend.

### **Specialist PE Coach**

Currently we engage a specialist coach to deliver high quality PE that encompasses and focusses on fundamental movement skills in EYFS and KS1; relates to the curriculum across school and focusses on the mastery of physical skills and the values of honesty, teamwork, determination, self-belief, respect and passion. Teaching staff observe the specialist coach's delivery as part of CPD and monitor children's progress, identifying next steps and individual targets.

### **Extra Curricula Sport Activities**

We offer all our year groups access to extra curricula activities including football, dodgeball, multi-skills, netball, athletics, gymnastics, basketball and dance. We monitor these activities and change them according to curriculum, pupil interest, current inter-school tournaments and global sporting events such as the Football World Cup, International Cricket Tournaments and the Olympic Games. We particularly identify and encourage disengaged children with fundamental movement skills difficulties, those suffering stress, trauma and displaying low self-esteem to access these clubs and we remove any 'barriers' to accessing clubs by providing transport home and PE kits.

### **Stockton School Sport Partnership**

We buy into the Stockton Schools Sport Partnership, who believe all young people should be encouraged to lead a healthy, active lifestyle and that it is important for all children to develop a lifelong enthusiasm for sport and physical activity. The aim is to create opportunities for children to develop their physical, social and emotional skills through experiencing high quality PE, competition and

sports leadership. Through the partnership we have accessed both competitive and non-goal orientated sport experiences, inter and intra school tournaments including;

- Y3/Y4 Tag Rugby Skills Day
- KS1 Multi Skills Festival Day
- Y3/Y4 & Y5/5 Sports Hall Athletics
- EYFS Multi Skills Festival Day
- Y3/4 Skipping Festival
- Y3/4 Hoopstarz Festival Day
- Y3/4 Netball Skills
- Active Schools Festival
- Y5/6 Netball
- Dance Festival
- Y3/4 Racket Skills
- Y3/4 Quad Kids
- Y5/Y6 Kwik Crickets
- Y5/Y6 Athletics Outdoor and SEND Athletics
- Stickman Adventure Trail
- Netball League

We are proud to report that Mill Lane won the Stockton Kwik Cricket, Quad Kids and Netball Tournaments, going on to represent Stockton in the Tess Valley Finals - an amazing display of gifted and talented sportsmanship! At Mill Lane we aim to support our most able children to achieve high standards in PE and sport. Our Athletics Teams brought home an array of medals and represented Stockton in the Tees Valley Finals - another amazing display of gifted and talented sportsmanship. All photographic evidence can be viewed in the drop down boxes opposite this PE home page. Due to their success, our children have competed at Stockton Cricket Ground, Wolviston Cricket Ground, Maltby Cricket Ground, Saint Cuthbert's Primary School, Christ the King Primary School, Tilery Primary School, Saint Francis of Assisi Primary School, Splash, Preston Park, Northfield Science and Sports Secondary School, Middlesbrough Sports Village and Durham University Sports Centre. Our children have travelled far on their road to success.

## **Swimming**

In alignment with research we send our Year 4 children for three two-week blocks of lessons. The children are taught to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations. This is at a cost of £2,340 plus £100 for the administration and reporting of school swimming activities to meet Ofsted requirements. We have identified swimming as a target area for improvement and have poverty proofed swimming - a life skill - using top-up sessions for our ARP, Year 5 and Year 6 classes, (2 week sessions for each class). This is also at a cost of £2,340.

## **School Games Days and School Sports Days**

Mill Lane achieve Gold Standard in 2017 - 2018. We hold two Sports Days in July. A Foundation Stage and KS1/KS2 Sports Day. The children compete in traditional sack, egg and spoon, relay, obstacle, howler, three-legged, water jug challenge intra sport tournaments in year group gem teams. Parents attend to encourage and support their children and the events culminate in parent, sibling and teacher races - much to the amusement of the children. Sports stickers are given to every child, medals are awarded to each year group for excellent sporting attitude and trophies are given to captains of sports teams.

## **Community Links**

In the Summer Term we had the huge privilege of hosting "Camp of Sport Champions" led by Sport Leaders from America's Youth for Christ Foundation. 125 Mill Lane children accessed this amazing 2 hour an evening, week long opportunity to practise their sporting skills, partake in non competitive and competitive sports and activities. A finale family BBQ was held to promote healthier lifestyles and eating. Mill Lane has taken part in Middlesbrough Football Foundation activities this academic year. Their mission is to raise aspirations and improve the life chances of young people across Teesside. They work to engage with those who are hard to reach through the delivery of inspiring sport, education, health and inclusion projects - all with the aim of improving attendance at school. Mill Lane children partook in their 100% Attendance Sports Tournament, Cleveland Police 7 A Side Football Tournament and their Foundation Coaches came along to our Mill Lane School Summer Fair with a target goal to raise money and engage with our children.

We aim to broaden our children's range of sporting opportunities and have supported many in accessing local sporting clubs to continue their mastery of specific sport skills. Beyond school, our children attend Stockton Cricket Club and compete in the North Yorkshire Area Junior Cricket League, Stockton Town Youth Saturday Morning Football Coaching, Natural Progression Junior Boxing Academy, Stainsby School of Gymnastics, Junior Splash Youth Swimming and Stainsby Grange Equestrian Centre.



Area	Amount	Targeted Pupils	Difference Made for Pupils	Sustainable Outcomes	Impact
Transport to inter school matches/ competitions/festivals	£3,000.00	Whole School	Poverty proof and ensure inclusive opportunities for all to participate in a variety of sports, sports competitions, tournaments, adventure trails and festivals at inter school level.	<p>Increased participation in after school sport clubs, inclusive opportunity rich PE and sport curriculum, greater enthusiasm for sport and healthy lifestyle choices, a sense of whole school belonging and comradery.</p> <p>Pupils experience competition and challenge in a supportive and encouraging environment, developing coping strategies and building resilience.</p>	
Certificates, Medals & trophies	£200	Whole School	<p>To encourage a sense of pride, participation and to reward pupils' achievements in intra school competitions (school games days &amp; sports days), sport teams and recognising the efforts of 'Captains' and those behaving in a way that reflect the values of team work, self-belief, determination, honesty, respect and passion.</p> <p>Personalised Certificates for all children involved in any sporting activity, event, competition, tournament and festival. (Including teachers!) Netball Team A and Tem B medals and trophies.</p>	<p>Increased participation in intra sport tournaments and activities at break and lunch times, after school sport clubs, inclusive opportunity rich PE and sport curriculum, greater enthusiasm for sport and healthy lifestyle choices, a sense of whole school belonging and comradery.</p> <p>An observable sense of individual and group pride in achievement, feeling of belonging to the Mill Lane School Family, improved self-esteem and mental well-being.</p>	

Area	Amount	Targeted Pupils	Difference Made for Pupils	Sustainable Outcomes	Impact
<p>Employment of Specialist PE and Sport Coach</p> <p>Jamie Poole Sports</p>	<p>£7500</p> <p>£30 per hour</p>	<p>Whole School</p>	<p>To work with staff to increase subject knowledge and raise whole school achievement and improvement.</p> <p>To ensure mastery and understanding at further depth of fundamental movement skills and inform SENCO of any early/intervention needs identified or OT activities to be accessed.</p> <p>To introduce new activities and sports to the PE curriculum to enrich pupils' learning.</p> <p>To ensure inclusive practise and mastery of sport skills for all pupils.</p> <p>To target non-active and least active pupils, support and encourage achieving individual sport targets, encourage joining after school sport clubs and increase their activity levels at break and lunch times.</p> <p>To coach pupils in competition, tournament and league rules, reflecting the values of team</p>	<p>Increased teaching staff knowledge and confidence to teach PE and sport.</p> <p>To achieve self-sustaining improvement in the quality of PE and sport in school, that will live on well beyond the Primary PE and Sport Premium funding.</p> <p>Increased teaching staff knowledge and confidence to umpire and officiate sporting activities and competitions.</p> <p>Increased teaching staff knowledge and confidence to accompany pupils to intra school competitions and tournaments.</p> <p>Increased pupil participation in inter and intra sport tournaments and activities at break and lunch times, after school sport clubs, inclusive opportunity rich PE and sport curriculum, greater enthusiasm for sport and healthy lifestyle choices, a sense of whole school belonging and comradery.</p>	<p>Inclusive PE and Sport practised, measureable whole school improvement observed through pupils' achievements, behaviour and enjoyment of PE and sport.</p> <p>Projected:</p> <p>EYFS - improvement in percentage of our EYFS pupils achieving Moving and Handling ELG.</p> <p>KS1 - mastery/greater depth in fundamental movement skills, becoming increasingly competent and confident within PE and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. Engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>KS2 - apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. Communicating, collaborating and competing with each other. Understanding how to improve in different physical activities and sports and evaluate and acknowledge their own success.</p>



			<p>work, self-belief, determination, honesty, respect and passion.</p> <p>To provide all pupils with non-goal orientated experiences through individual personal challenge activities, practicing sport skills such as bouncing a ball, bowling, hoola-hooping etc. Research shows non-goal orientated individual challenges result in the greatest measureable improvement in sport skills and whole school PE improvement.</p> <p>To introduce and sign post community sports clubs to encourage mastery of skills and engaging in new sports activities.</p>	<p>Community links with Stockton Town Football Club, Stockton Junior Cricket Club, Stainsby Gymnastics Club, Stockton Swimming Club, Natural Progression Boxing Club, Stainsby Grange Equestrian Centre and Youth for Christ's Camp of Champions Sports.</p> <p>Pupils are age appropriate physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport</p>	
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Area	Amount	Targeted Pupils	Difference Made for Pupils	Sustainable Outcomes	Impact
<p>Establish and Sustain After School Clubs that target less engaged, inactive, low self esteem children.</p>		<p>KS2</p>	<p>To target non-active and least active pupils, encouraging them to take part in break, lunch and after school sport activities to increase activity levels.</p> <p>To identify individual sport and activity targets, support and encourage achieving individual goals, encourage joining after school sport clubs, increasing their activity levels at break, lunch times and after school, educating the pupils about healthy lifestyle choices.</p>	<p>Sports identified as engaging and enthusing less active pupils such as dodgeball and kwik cricket being made available at break and lunch times.</p> <p>Rewarding effort and practise by including less active or able pupils in the school sports B teams.</p> <p>Engaging less active pupils to become 'playground friends' and sports leaders modelling skills and various sports to the younger children.</p>	<p>Projected:</p> <p>Targeted children engaging and showing more interest and enthusiasm towards physical activities. Targeted children becoming more involved in school sports teams and other sporting after school clubs.</p>
<p>Specialist After School Sports Club Coaches</p> <p>Monday: Tournament Specific - Tag Rugby/Basketball</p> <p>Tuesday: FMS, Invasion Games, Bench and Dodge Ball.</p> <p>Wednesday: Basketball, Netball, Kwik Cricket, Athletics</p> <p>Thursday: Athletics, FMS.</p>	<p>£2500</p>	<p>Whole School</p>	<p>To poverty proof and ensure inclusive access to extra curricula sporting activities Mill Lane School After School Clubs are free of charge.</p> <p>Home transportation was identified as a barrier for some pupils to access after school clubs, Mill Lane HT provides the finances to cover transportation for those children.</p> <p>To provide an opportunity to practice skills introduced within PE curriculum, for our gifted and talented sport pupils to move toward mastery and to introduce new sports beyond the PE curriculum to enrich pupils' experiences and learning.</p>	<p>Increased participation, engagement and enjoyment of sport by our least and non-active pupils.</p> <p>Increased self-esteem, sense of mastery and belonging of our least and non-active pupils.</p> <p>Observable behavioural change in how targeted pupils now cope with challenge and adversity having been given the opportunity to experience 'competition' and 'losing' in a safe, supportive and 'group' environment.</p> <p>Community links with and sign posting to Stockton Town Junior Football Club, Stockton Junior</p>	<p>Projected:</p> <p>Measureable individual progression, whole school improvement and attaining places upon the school sports A and B teams.</p> <p>Greater sense of mental well-being, self-esteem and competency in sport.</p> <p>Mastery of KS1 and KS2 PE curriculum skills and competencies.</p>

			<p>To coach pupils in competition, tournament and league rules, reflecting the values of team work, self-belief, determination, honesty, respect and passion.</p> <p>To target non-active and least active pupils, support and encourage achieving individual sport targets, encourage joining after school sport clubs and increase their activity levels at break and lunch times.</p>	<p>Cricket Club, Stainsby Gymnastics Club, Stockton Junior Swimming Club, Natural Progression Boxing Club, Stainsby Grange Equestrian Centre and Youth for Christ's Camp of Champions Sports to encourage mastery and experiences of sport not available within the curriculum.</p>	
Equipment	£800.00	Whole School	<p>Fundamental Movement Skills/Occupational Therapy (OT) activities focus on helping children with physical, sensory, or cognitive delay or impairment to 'catch up' to age expected development. OT aims to improve children's fundamental movement skills, cognitive, physical, sensory, and motor skills and enhance their self-esteem and sense of accomplishment.</p> <p>Mats - Gymnastics</p>	<p>Our pupils with over-sensitivity, under-sensitivity, physical, sensory or cognitive delays experience difficulty in paying attention, movements, are distracted by noise and find break times confusing. Our OT equipment is helping these pupils develop awareness and co-ordination skills and address barriers and issues in a safe and supportive environment.</p> <p>The School Games participation vision is that PE and Sport is delivered in a Round Robin or League System. Our equipment is colour coded according to our gem teams (intra school sports) - to ensure all our children are engaged at all times.</p>	<p>Projected</p> <p>"All children are engaged at all times." The pupils have asked for dodgeball and kwik cricket equipment, so we are planning to have dodgeball and kwik cricket after school clubs next September and bought the equipment needed.</p> <p>A focus and target on FMS to ensure the foundations are secure, mastered and achieved at greater depth.</p>

Area	Amount	Targeted Pupils	Difference Made for Pupils	Sustainable Outcomes	Impact
Swimming	£2440.00	Y5, Y6 and ARP pupils.	<p>Ofsted require that we publish how many pupils within our year 6 cohort are meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.</p> <p>Mill Lane School pays £2440 to Tees Active for Year 4 to have 6 weeks of targeted swimming - as current research shows greater results and mastery of swimming occurs when an individual year group is targeted for the full amount of 6 weeks of swimming.</p> <p>Socio-economic barriers result in our children not accessing swimming outside of school.</p> <p>Mill Lane pay an extra £2440 to 'top up' access to swimming for Year 6, Year 5 and pupils in the ARP to ensure meeting national curriculum requirements.</p>	<p>A greater number of children meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.</p> <p>Encouraging parents and carers to take their children swimming, prior to their year group attending Splash, to build confidence in water.</p> <p>Encouraging parents and carers to enjoy swimming with their children and highlight the importance of swimming as a life skill, that saves lives.</p>	<p>Projected:</p> <p>A greater number of children meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.</p> <p>Poverty proofing access to swimming, providing opportunities to develop swimming as a life skill and a sign post to Splash Stockton Junior Swimming Club.</p>

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>✓ 100% engagement of all targeted children.</li> <li>✓ Sports Leaders taking responsibility of intra-school tournaments and organising children vs parents, children vs teaching staff activities and games.</li> <li>✓ Sports Leaders organising games, tournaments, activities and personal challenges each break and lunch time.</li> <li>✓ Children choosing to complete the daily mile at break and lunch times.</li> <li>✓ Poverty Proofing swimming.</li> <li>✓ Raising the profile of PE through Sports Leaders, Playground Friends and Sport Captains. Having achievements, certificates, medals and photographs posted on one of the three PE boards around school.</li> <li>✓ Actively increasing confidence, knowledge and skills of staff in teaching PE through observing coach led lessons, whole staff CPD led by school PE Co-Ordinator, Stockton SSP CPD and attending CPD in Outdoor Adventurous Activities, Gymnastics, Netball and Inclusive Games.</li> <li>✓ Listening to the children's requests on experiencing a broader range of sports and activities. Y5/Y6 Outdoor Adventurous Activities Residential, EYFS - The Seaside, KS1 - Adventure Woodland Playground, KS2 - planned Dance after school club (Fridays) and the return of Wake Up Shake Up after a 3 year absence.</li> <li>✓ Increased participation in competitive sports - Mill Lane were in the top 2 of 9 cluster inter school tournaments last year, going on to Stockton level and then in 3, County level.</li> <li>✓ Increased whole school attendance and behaviour due to gaining a position upon a team or festival being dependent upon in school behaviour and attendance.</li> </ul>	<ul style="list-style-type: none"> <li>✓ Swimming</li> <li>✓ From the Year 5 data, currently 37% of our Year 6 cohort can swim 25metres. We are targeting this year group for extra swimming lessons to increase this percentage.</li> <li>✓ Making 'Wake Up, Shake Up' available at lunch times to KS2.</li> <li>✓ Offering a 'Dance' after school club.</li> <li>✓ Continuing to raise the profile of PE as a tool for whole school improvement and improvement in children's mental, emotional and physical health.</li> </ul>